



## **Bitty Basketball Rules**

**Size of Ball:** 27.5; HEIGHT OF BASKET TO BE ADJUSTED TO: 8.5 Feet

**Time of Game:** 2 Halves: 20 Minutes Per Half

**Timeouts:** None

**Halftime:** 2 Minutes Per Half

**CLOCK/Overtime:** NO SCORE KEPT AND NO OVERTIME

**Defense:** Can play Man or Zone Defense; No Press, No Doubleteams

**Foul Shots:** FOUL SHOTS only on shooting fouls; No clock stoppage

Line-Up players for foul shots

**Foul Out:** NO FOUL OUT

**Lane Violations:** NO LANE VIOLATIONS

***Coaches:***

**Players:** All Players must play at least one half and appear in the 1<sup>st</sup> and 2<sup>nd</sup> half

**Coaches:** Can coach by beginning or end of bench



## **2nd Grade Boys Basketball Rules**

**Size of Ball:** 27.5 - HEIGHT OF BASKET 9ft to begin season adjust to 10 by season's end

**Time of Game:** 2 Halves: 20 minutes/half= Clock Stops "Last Minute of Second Half Only"

**Timeouts:** 3 Per Game Total; May use any time

**Halftime:** 2 Minutes Per Half

**Overtime:** 3 minutes-1<sup>st</sup>OT; 1-minute-2<sup>nd</sup>OT; 3<sup>rd</sup> overtime-Set clock at 3 minutes with Sudden Death Rules-any point either by foul shot or field goal ends game; if tied still= remains tied

**Defense:** Can pick-up at 3-point arc; NO DOUBLE TEAMING

**Press:** LAST 30 SECONDS of 2<sup>nd</sup> Half CAN PICK-UP ANYWHERE ON THE COURT

**Foul Shots:** 10 Feet from basket at referee's discretion; NO 1-1 at this Division

**Foul Out:** 6 Player Personal Fouls

**Lane Violations:** 7 seconds

\*\*Should not be any flagrant or technical fouls-players should always exhibit sportsmanship

\*\*All agree to a Zero Tolerance Policy

### ***Coaches:***

**Players:** All Players must play at least one half and appear in the 1<sup>st</sup> and 2<sup>nd</sup> half

**Book:** To Be Filled out by the coach and run by a parent/coach of the HOME Team

**Offensive Fouls:** Count as Player and Team Fouls

**Scoreboard:** To be run by the parent/coach of the AWAY Team

**Defense:** First Half Man to Man Defense Only (Correct Man to Man with help principles)

Second Half: Any Defense can be played

**Coaches:** Can coach from beginning or end of bench



## **2<sup>nd</sup>-3<sup>rd</sup> Grade Girls” Basketball Rules**

**Size of Ball:** 27.5 HEIGHT OF BASKET 9ft to begin season adjust to 10 by season’s end

**Time of Game:** 2 Halves: 20 minutes/half= Clock Stops “Last Minute of Second Half Only”

**Timeouts:** 3 Per Game Total; May use any time

**Halftime:** 2 Minutes Per Half

**Overtime:** 3 minutes-1<sup>st</sup>OT; 1-minute-2<sup>nd</sup>OT; 3<sup>rd</sup> overtime-Set clock at 3 minutes with Sudden Death Rules-any point either by foul shot or field goal ends game; if tied still= remains tied

**Defense:** Can pick-up at 3-point arc; NO DOUBLE TEAMING

**Press:** LAST 30 SECONDS of 2<sup>nd</sup> Half CAN PICK-UP ANYWHERE ON THE COURT

**Foul Shots:** 10 Feet from basket at referee’s discretion; NO 1-1 at this Division

**Foul Out:** 6 Player Personal Fouls

**Lane Violations:** 7 seconds

\*\*Should not be any flagrant or technical fouls-players should always exhibit sportsmanship

\*\*All agree to a Zero Tolerance Policy

### **Coaches:**

**Players:** All Players must play at least one half and appear in the 1<sup>st</sup> and 2<sup>nd</sup> half

**Book:** To Be Filled out by the coach and run by a parent/coach of the HOME Team

**Offensive Fouls:** Count as Player and Team Fouls

**Scoreboard:** To be run by the parent/coach of the AWAY Team

**Defense:** First Half Man to Man Defense Only (Correct Man to Man with help principles)

Second Half: Any Defense can be played

**Coaches:** Can coach from beginning or end of bench



## **3rd-4th Grade Boys- Basketball Rules**

**Size of Ball:** 28.5

**Time of Game:** 2 Halves: 20 minutes/half= Clock Stops “Last Minute of Second Half Only”

**Timeouts:** 3 Timeouts Total Per Game; May use any time

**Halftime:** 2 Minutes Per Half

**Overtime:** 3 minutes-1<sup>st</sup>; 1-minute-2<sup>nd</sup>; 3<sup>rd</sup> minutes- Set clock at 3 minutes with Sudden Death Rules-any point either by foul shot or field goal ends game; if tied still= remains tied

**Defense:** Can pick-up at Half Court unless last two minutes

**Press:** LAST 2 MINUTES OF EACH HALF anywhere on the court-No Press at 10 Points

**Foul Shots:** 15 Feet from basket or at referee’s discretion; 2 Shots at 7 Fouls per half

**Foul Out:** 6 Player Personal Fouls

**Lane Violations:** 5 Seconds

\*\*Should not be any flagrant or technical fouls-players should always exhibit sportsmanship

\*\*All agree to a Zero Tolerance Policy

### **Coaches:**

**Players:** All Players must play at least one half and appear in the 1<sup>st</sup> and 2<sup>nd</sup> half

**Book:** To Be Filled out by the coach and run by a parent/coach of the HOME Team

**Offensive Fouls:** Count as Player and Team Fouls

**Scoreboard:** To be run by the parent/coach of the AWAY Team

**Defense:** First Half Man to Man Defense Only (Correct Man to Man with help principles)

Second Half: Any Defense can be played



## **4th-5th Grade Girls - Basketball Rules**

**Size of Ball:** 28.5

**Time of Game:** 2 Halves: 20 minutes/half= Clock Stops "Last Minute of Second Half Only"

**Timeouts:** 3 Timeouts Total Per Game; May use any time

**Halftime:** 2 Minutes Per Half

**Overtime:** 3 minutes-1<sup>st</sup>; 1-minute-2<sup>nd</sup>; 3<sup>rd</sup> minutes- Set clock at 3 minutes with Sudden Death Rules-any point either by foul shot or field goal ends game; if tied still= remains tied

**Defense:** Can pick-up at Half Court unless last two minutes

**Press:** LAST 2 MINUTES OF EACH HALF anywhere on the court-No Press at 10 Points

**Foul Shots:** 15 Feet from basket or at referee's discretion; 2 Shots at 7 Fouls per half

**Foul Out:** 6 Player Personal Fouls

**Lane Violations:** 5 Seconds

\*\*Should not be any flagrant or technical fouls-players should always exhibit sportsmanship

\*\*All agree to a Zero Tolerance Policy

### **Coaches:**

**Players:** All Players must play at least one half and appear in the 1<sup>st</sup> and 2<sup>nd</sup> half

**Book:** To Be Filled out by the coach and run by a parent/coach of the HOME Team

**Offensive Fouls:** Count as Player and Team Fouls

**Scoreboard:** To be run by the parent/coach of the AWAY Team

**Defense:** First Half Man to Man Defense Only (Correct Man to Man with help principles)

Second Half: Any Defense can be played



## **5th-6th Grade Boys - Basketball Rules**

**Size of Ball:** 29.5

**Time of Game:** 2 Halves: 20 minutes/half= Clock Stops "Last Minute of Second Half Only

**Timeouts:** 3 Per Game

**Halftime:** 2 Minutes Per Half

**Overtime:** 3 minutes-1<sup>st</sup>; 1-minute-2<sup>nd</sup>; 3<sup>rd</sup> minutes- Set clock at 3 minutes with Sudden Death Rules-any point either by foul shot or field goal ends game; if tied still= remains tied

**Press:** 4 Minutes-1<sup>st</sup> Half; 4 Minutes of 2<sup>nd</sup> Half-NO PRESS WHEN TEAM IS UP 10 POINTS

**Foul Shots:** 2 Shots at 7 Fouls per half

**Foul Out:** 6 Player Personal Fouls

**Lane Violations:** 3 Seconds

\*\*Should not be any flagrant or technical fouls-players should always exhibit sportsmanship

\*\*All agree to a Zero Tolerance Policy

### **Coaches:**

**Players:** All Players must play at least one half and appear in the 1<sup>st</sup> and 2<sup>nd</sup> half

**Book:** To Be Filled out by the coach and run by a parent/coach of the HOME Team

**Offensive Fouls:** Count as Player and Team Fouls

**Scoreboard:** To be run by the parent/coach of the AWAY Team

**Defense:** First Half Man to Man Defense Only (Correct Man to Man with help principles)

Second Half: Any Defense can be played



## **7-8 Grade Boys- Basketball Rules**

**Size of Ball:** 29.5

**Time of Game:** 2 Halves: 20 minutes/half= Clock Stops "Last Minute of Second Half Only

**Timeouts:** 3 Per Game; Use any time

**Halftime:** 2 Minutes Per Half

**Overtime:** 3 minutes-1<sup>st</sup>; 1-minute-2<sup>nd</sup>; 3<sup>rd</sup> minutes- Set clock at 3 minutes with Sudden Death Rules-any point either by foul shot or field goal ends game; if tied still= remains tied

**Press:** Any time-NO PRESS WHEN TEAM IS UP 10 points

**Foul Shots:** 2 Shots at 7 Fouls per half

**Foul Out:** 6 Player Personal Fouls

**Lane Violations:** 3 Seconds

**FLAGRANT FOULS OR FIGHTING:** 2-Game Suspension

**TECHNICAL FOULS:** 2 Shots and Possession of the basketball

\*\*Should not be any flagrant or technical fouls-players should always exhibit sportsmanship

\*\*All agree to a Zero Tolerance Policy

### ***Coaches:***

**Players:** All Players must play at least one half and appear in the 1<sup>st</sup> and 2<sup>nd</sup> half

**Book:** To Be Filled out by the coach and run by a parent/coach of the HOME Team

**Offensive Fouls:** Count as Player and Team Fouls

**Scoreboard:** To be run by the parent/coach of the AWAY Team

**Defense:** First Half Man to Man Defense Only (Correct Man to Man with help principles)

Second Half: Any Defense can be played



## **6-7-8 Grade Girls - Basketball Rules**

**Size of Ball:** 28.5

**Time of Game:** 2 Halves: 20 minutes/half= Clock Stops "Last Minute of Second Half Only

**Timeouts:** 3 Per Game; Use any time

**Halftime:** 2 Minutes Per Half

**Overtime:** 3 minutes-1<sup>st</sup>; 1-minute-2<sup>nd</sup>; 3<sup>rd</sup> minutes-Set clock at 3 minutes with Sudden Death Rules-any point either by foul shot or field goal ends game; if tied still= remains tied

**Press:** 4 Minutes-1<sup>st</sup> Half; 4 Minutes of 2<sup>nd</sup> Half-NO PRESS WHEN TEAM IS UP 10 POINTS

**Foul Shots:** 2 Shots at 7 Fouls per half

**Foul Out:** 6 Player Personal Fouls

**Lane Violations:** 3 Seconds

**FLAGRANT FOULS OR FIGHTING:** 2-Game Suspension

**TECHINICAL FOULS:** 2 Shots and Possession of the basketball

\*\*Should not be any flagrant or technical fouls-players should always exhibit sportsmanship

\*\*All agree to a Zero Tolerance Policy

***Coaches:***

**Players:** All Players must play at least one half and appear in the 1<sup>st</sup> and 2<sup>nd</sup> half

**Book:** To Be Filled out by the coach and run by a parent/coach of the HOME Team

**Offensive Fouls:** Count as Player and Team Fouls

**Scoreboard:** To be run by the parent/coach of the AWAY Team

**Defense:** First Half Man to Man Defense Only (Correct Man to Man with help principles)

Second Half: Any Defense can be played





## **High School - Basketball Rules**

**Size of Ball:** 29.5

**Time of Game:** 2 Halves: 20 minutes/half= Clock Stops "Last Minute of Each Half

**Timeouts:** 3 Timeouts Per Game; Use any time

**Halftime:** 2 Minutes Per Half

**Overtime:** 3 minutes-1<sup>st</sup>; 1-minute-2<sup>nd</sup>; 3<sup>rd</sup> minutes- Set clock at 3 minutes with Sudden Death Rules-any point either by foul shot or field goal ends game; if tied still= remains tied

**Press:** Any time-NO PRESS WHEN TEAM IS UP 15 points

**Foul Shots:** 2 Shots at 7 Fouls per half

**Foul Out:** 6 Player Personal Fouls

**Lane Violations:** 3 Seconds

**FLAGRANT FOULS OR FIGHTING:** 2-Game Suspension

**TECHNICAL FOULS:** 2 Shots and Possession of the basketball

\*\*Should not be any flagrant or technical fouls-players should always exhibit sportsmanship

\*\*All agree to a Zero Tolerance Policy

### ***Coaches:***

**Players:** All Players must play at least one half and appear in the 1<sup>st</sup> and 2<sup>nd</sup> half

**Book:** To Be Filled out by the coach and run by a parent/coach of the HOME Team

**Offensive Fouls:** Count as Player and Team Fouls

**Scoreboard:** To be run by the parent/coach of the AWAY Team

**Defense:** Any Defense can be played



## 2022/2023 OCB BASKETBALL



## GAME RULES

**OCEAN COUNTY**  
**BASKETBALL**